



ATHEY CREEK

MEN

IRONWORKS

MARCH 2026



**32** HE THAT IS SLOW TO ANGER  
IS BETTER THAN THE MIGHTY;  
AND HE THAT **RULETH HIS SPIRIT**  
THAN HE THAT TAKETH A CITY.

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PROVERBS 16:32



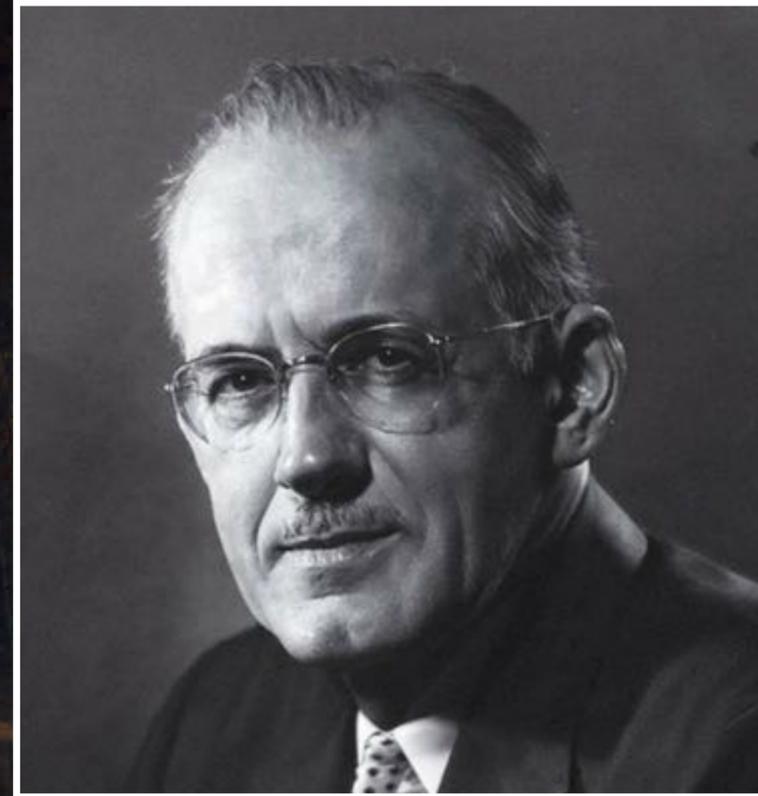
**32** WHOEVER IS SLOW TO ANGER  
IS BETTER THAN THE MIGHTY,  
AND HE WHO RULES HIS SPIRIT  
THAN HE WHO TAKES A CITY.

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**PROVERBS 16:32**

ESV





**A. W. TOZER**

APRIL 21, 1897 – MAY 12, 1963



**5** BLESSED ARE THE MEEK:  
FOR THEY SHALL  
INHERIT THE EARTH.

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**MATTHEW 5:5**



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ATHEY CREEK

MEEK

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- GREEK -

πραΰς

PRAUS

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GENTLE, MEEK, MILD



**28** COME UNTO ME, ALL YE THAT LABOUR AND  
ARE HEAVY LADEN, AND I WILL GIVE YOU REST.  
**29** TAKE MY YOKE UPON YOU, AND LEARN OF ME;  
**FOR I AM MEEK AND LOWLY IN HEART:**  
AND YE SHALL FIND REST UNTO YOUR SOULS.

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MATTHEW 11:28–29

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**REAL STRENGTH IS  
UNDER CONTROL**





**STRENGTH SHOWS  
UP IN RESTRAINT**



**19** LET EVERY MAN BE SWIFT TO HEAR,  
SLOW TO SPEAK, SLOW TO WRATH.

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**JAMES 1:19**





**THE REAL BATTLE  
IS IN YOUR SOUL**



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# GALATIANS 5:17

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IV

**CONTROLLED MEN  
ARE SPIRIT-LED MEN**



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# GALATIANS 5:16

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## LET'S REMEMBER THIS PROGRESSION

- I REAL STRENGTH IS UNDER CONTROL
- II STRENGTH SHOWS UP IN RESTRAINT
- III THE REAL BATTLE IS IN YOUR SOUL
- IV REAL CONTROL COMES FROM THE SPIRIT



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